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NAVIGATING HUMAN CHANGE

Center for Criminality & Addiction Research,
Training & Application

UPCOMING TRAINING DATES

May 2-6, Cross Training, Lancaster SAP
 May 9-13, Cross Training, CIW
 May 10, FOTEP TA, Fresno
 May 12, FOTEP TA Diamond Bar
 May 16-20, Cross Training, Folsom FTTP
 May 17-19, WFD Learning Facilitation Skills, Visalia
 May 23-27, Cross Training, Wasco
 May 23-26, T4T SA 101-104, Colton
 May 24, FOTEP TA, San Francisco
 June 6-10, Cross Training, NKSP Delano
 June 6-10, Cross Training, SATF
 June 6-10, T4T SA 101-104, Corcoran
 June 7, FOTEP TA, Ontario
 June 13-17, Cross Training CIM Chino
 June 14-17, T4T SA 101-104, Pomona
 June 20-24, Cross Training, CCWF
 July 11-15, WFD TC Immersion, Pomona
 August 1-3, UCSD Summer Clinical Institute, San Diego

Note: see CCARTA calendar at www.ccarta.ucsd.edu for future trainings

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TECHNICAL ASSISTANCE UPDATE FROM
THE DEPARTMENT OF CORRECTIONS,
OFFICE OF SUBSTANCE ABUSE PROGRAMS
AND
THE UNIVERSITY OF CALIFORNIA, SAN
DIEGO, CENTER FOR CRIMINALITY &
ADDICTION RESEARCH TRAINING &
APPLICATION

Spring 2005

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Pathways to

OSAP has a new chief, Mary Philip: Veteran of state, social and public service

Mary Philip became the new Assistant Director for the California Department of Corrections Office of Substance Abuse Programs on February 4, 2005. Ms. Philip comes to OSAP with 25 years of successful state service in California, beginning as a psychiatric social worker, and including over the years a variety of management posts with the Departments of Mental Health and the Department of Water Resources. A major career focus has been client/patient rights, culminating in her most recent appointment in July of 2000 as Deputy Director, Office of Civil Rights, with the Department of Health Services.

Mary's original training was in chemistry and physics. "My shift from the physical to the social sciences came about as a result of my working with Mother Theresa (the Missionaries of Charity), as a volunteer from 1972 to 1978." She emigrated from her native India to join her husband in the United States, settling in Davis, California.

Mary has continued her commitment to volunteer service in both her local community and on the national and international front with homelessness, hunger and poverty as her main areas of advocacy, serving on numerous non-profit boards and doing hands on volunteer work as well — as a founding member of Habitat for Humanity; a cook for Davis Community Meals and a mental health supervisor with the Yolo County chapter of the American Red Cross. She has successfully raised hundreds of thousands of dollars through dinners that she and her husband sponsor, was a member of the American Red Cross mental health team after the attack on the World Trade Center, and most recently after accepting her position with OSAP, Mary returned to India for three weeks to fulfill a previous commitment to help victims in the continuing aftermath of the tsunami disaster. In April she was awarded the 2005 Woman of Distinction Award by Soroptomists.

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We all look to the energy, commitment and new perspective she will bring to the leadership of this important agency and its vital work.

"OSAP has the potential to be a world class leader in effective program delivery to inmates and paroles...lowering recidivism and fulfilling its public safety mission."

"I'm excited about OSAP's partnerships and the potential for collaboration with private and public entities for those committed to our care."

WORKING TO RAISE THE BAR

RAISING THE BAR III the third symposium toward improving treatment for women in the criminal justice continuum



On March 10 and 11, 85 OSAP stakeholders came together for the third OSAP sponsored event devoted to bringing more gender responsive approaches to the initiative. However,

gender responsive is not a subtext for *women's*, and plans for next year's Raising the Bar IV are to expand the focus to issues that are specific to men as well. Presentations this year focused on family systems, the Therapeutic Commu-

nity as an empowerment model for women, and working with former sex workers.

RTB TOWN HALL FORUM

As always, time was devoted to structured collegial exchange. Groups addressed "What's working well? What has contributed to this success? and What are on-going challenges, concerns and recommendations for improvement."

Some recommendations:

- ◆ Create a task force to address tracking on aftercare completers.
- ◆ Have a collaborative conference with SAPs, transition and aftercare advocates, parole agents, SASCA, FO-TEP.
- ◆ A registered website for ongoing conversation with OSAP stakeholders.

- ◆ Advanced training for staff.
- ◆ Start talking with inmates about aftercare at the reception centers.
- ◆ More options for agents on violations—3040 vs. 3056.
- ◆ In SAP, include housing officers in treatment team reviews.
- ◆ Additional communication tool to CDC 1868—need more info.
- ◆ And finally, Sylvester Brooks delivered a great testimonial to his relationship with treatment providers and how they worked together to build a team with authentic communication.



Raising the Bar Day by Day — Update on Forever Free at CIW
OSAP's first in-prison program for women, begun in 1991, is still going strong and facing new challenges. We talked with director, Torie Cook and journey counselor, Devieta Lemott: "Our newest challenge is the younger generation now coming to prison—many only 18 years old from families of multi-generational addicts and gangs. In orientation, to overcome resistance to having fun, we use simple, lighthearted games and fun image breakers a lot. In primary treatment, we use Stephanie Covington's, Family of Origin work because they need a new definition of family. It opens doors to change as they write, read and process life stories and build writing skill as well. We're doing more seminar work — each Tuesday with the DeLeon Red Book on TC. Our annual alumni banquet is a growing tradition with more than 320 women last November 2004; monthly recognitions for hard work and changes; cultural holidays throughout the year—we make sure we don't miss a lick—and celebrate those days with ceremony, teaching and activity. For Cesar Chavez Day we did yard work on the grounds, staff and residents together. And, like many other programs, our annual feast for Thanksgiving, where the staff brings home-cooked food for about 250 women in the program, is a big success always.

Our staff works to model TC, not just teach it; participants see staff in a learning position, asking for help, being part of the community, held accountable and responsible. With all this and with lots of sharing care and concern, slowly lights go on. We are proud of our reduced recidivism rate and being a part of the lives of women who have graduated and are now productive citizens, serving as staff in residential programs—like McCree Reed, a peer mentor released after 23 years, now in a long term residential program. So these are challenges which continue to allow us all to grow, and we welcome them."

Video Resources:

SEASON of HOPE—Mothers in Recovery: Searchlight Films portrays three women at different stages in the process of treatment and aftercare with their children. "Google" Searchlight Films.

LIFERS: Reaching for Hope Beyond the Walls: Best documentary at the New York Film Festival, 2004, available on DVD. Interviews with lifer inmates at R.J. Donovan and Lancaster state prisons; parolees at Amistad de Los Angeles, and in Compton, California. To purchase see Amity website at www.amityfdn.org. With funding from OSAP, Amity is also developing a series of training videos that will be distributed through OSAP for use by all OSAP providers.

COMMUNITY BUILDING EVENTS

Third Annual San Diego Walk for Recovery

On Sunday, March 20, hundreds of SASCA and FOTEP providers from around the state joined thousands of others who have benefited from and/or work in the field of substance abuse treatment to participate in the third



annual Walk for Recovery — a community event organized and sponsored by Mental Health Systems to raise awareness, facilitate the exchange of resources, strengthen and

build vital partnerships (QualCom and The California Endowment were sponsors), and affirm the fact that people who have suffered from the cycle of substance abuse can and do change.

Craig MacLaughlin, Development Manager for MHS, produces this extravaganza, and says he's most proud of the example Walk for Recovery sets as a proactive response to funding cuts, which he says were the impetus for the birth of the event in 2003. Another great aspect is the collaboration that the Walk brings about both in sponsorship and participation; giving everyone an opportunity to raise funds for their chosen agency while being a part of a larger com-



munity event. Walk participants join teams which serve as fund raising vehicles for the agencies they represent. For example, 100 people walking for a team at \$25 each for registration is \$2500. Then, that team

members work to raise additional funds they pledge as well. Seventy five percent of all proceeds goes back to the teams for their agency's use, the

other twenty five percent covers the cost of production. And what a production it was, from jugglers, cheerleaders, drummers and salsa dancers along the walk, to T-Shirts at the start and medallions at the finish line, to the many booths displaying the services of treatment and recovery. It was a day to connect with friends,

A Day of Partnership at Amistad de Los Angeles

On February 9-10, 2005 at Amistad de Los Angeles, Amity Foundation hosted a day of learning and exchange with 50 OSAP stakeholders—parole agents, SAP providers, local community members and some from headquarters. Mark Faucette, Director of Community Relations for Amity said the day's focus was to gain a better understanding of the different SAP projects in the state, to brainstorm ideas for system improvement, strengthen partnerships, and to do it in a residential facility where The Work is happening every day. PAII Rita Collins was invited, along with colleagues Bill Burbridge, Vernon Upton, Cecilia Williams and Angel Jacobson from CRC. In Rita's words, "Most folks don't know that CDC owned that building for many years. It was the Exposition Park parole office, where I worked as an

agent, and also a work furlough location...to look around that day, 20 years later, and see what was happening in that same building and that we're all working together to



Residents and friends at Amistad de Los Angeles

changes lives, and to know that the residents themselves had participated in the beautiful renovation,

affirmed what I do every day... Amity really took a step out and invited a range of people...all six SAP providers were there... parole agents came all the way from Folsom...we all thought we were just going for a day of fun but it was so much more—it was a day of sharing pride in accomplishments, learning about the TC and its history... it was great to hear from Dr. Lewis Yablonsky who was there at the beginning of Synanon in 1961...and then we all joined together in groups and contributed ideas for improvement around issues of concern to us all. We reported out our groups' recommendations and ...at the end of the day we felt closer and inspired and even more ready to work together as a team. It felt great to be invited and included in such a special event."

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The Editors wish to thank Kim Bond, Torie Cook, Mark Faucette, Sheidler Harpe, Devieta Lemott, and Craig McLaughlin for their help in bringing stories, photos and suggestions to this issue.

Meet Three New Members of Your UCSD CCARTA Team

Julie Ellett joined CCARTA as a Senior Learning Skills Counselor in March. Her experiences are varied and most recently include service with the Peace Corps in Cameroon AFRICA; with CPS placing children removed from their homes; and Assistant Director with a program through the California Department of Corrections that assisted mentally ill inmates (CCCMS and EOP) transitioning from prison to parole.



With a master's degree in clinical psychology, Julie brings her clinical training as she shifts her focus to working with provider and custody staffs. She is thrilled at the opportunity to reach a broader audience in the correctional setting and to exchange knowledge. For fun, she enjoys time with her husband and pug pups — the family expects their first child this Fall.

Izabel Caetano joined CCARTA on November 15, 2004 as a Senior Learning Skills Counselor on the training team. Although born in Rio de Janeiro, Brazil, she was raised in Berkeley, CA, and calls herself a California girl at heart. She received her BA in Psychology from UC Santa Cruz (go Slugs!) and Masters of Science in Social Work from The University of Texas in Austin (Hook 'em Horns!) and she hopes to continue on to pursue a PhD.



Isabel joins CCARTA with a variety of experience, mostly in clinically settings working as a therapist in both California and Texas with autistic children, as well as Middle School, High School, and College aged clients. Izabel also worked as a residential treatment counselor in northern California and ran a violence prevention program at the Alternative Learning Center in Austin. She loves the academic environment and is already enjoying and adding to CCARTA's trainings.

Bo Yang has been with the UCSD Department of Psychiatry since April 2003, and joined the CCARTA team as an Administrative Assistant on March 1, 2005. Bo



came to the United States from China as an international student in 1989. She received her Master's degree in Human Relations at University of Oklahoma in 1992 and has worked in the non-profit sector, in the printing industry, and medical equipment technical services before coming to UCSD. Bo has taught English in China and Chinese in San Diego at Hua Xia Chinese School. She loves being with friends here and visiting friends and family in China. A passion is Chi Gong, a traditional Chinese form of exercise for mental and physical health.

Bo has joined two Work Force Development trainings and will be coordinating that program, along with other projects, so expect to hear from her.